

Break-Away

School Holiday Programmes

Mon 28 Sep - Fri 9 Oct
9.30am - 2.30pm

A FREE multisport Holiday Programme for 11-17 year olds

Monday
28 Sep

LEADERSHIP DEVELOPMENT

Sportsmanship | Respect | Empowering Self | Confidence | Inspirational | Supportive

3X3 BASKETBALL

The latest craze has made its way to our programme so grab your mates for the toughest game of 3x3.

Tuesday
29 Sep

TOUCH, TAG, TURBO

Skills & drills, learn some new skills. Finish with mini games and team games.

ATHLETICS

A great introduction to skills for all sports.

Wednesday
30 Sep

RACQUETS & BATS

Learn new skills through tennis, badminton, cricket and hockey

SCAVENGER HUNT

Grab your friends and put your detective hats on. Find all the items and bring them back to the Arena before time runs out.

Thursday
1 Oct

GYMSPORTS

Have some fun tumbling, jumping and balancing with gymnastics

NET SPORTS

An introduction to some new skills and drills with net sports

Friday
2 Oct

BASKETBALL

Learn to play like the pros. Brush up on your skills before you play for the Championship Title!

MULTISPORT

Looking for variety, today we are doing anything sports!!

Monday
5 Oct

LEADERSHIP DEVELOPMENT

Sportsmanship | Respect | Empowering Self | Confidence | Inspirational | Supportive

BASKETBALL

Learn to play like the pros. Brush up on your skills before you play for the Championship Title!

Tuesday
6 Oct

RACQUETS & BATS

Learn new skills through tennis, badminton, cricket and hockey

SCAVENGER HUNT

Grab your friends and put your detective hats on. Find all the items and bring them back to the Arena before time runs out.

Wednesday
7 Oct

TOUCH, TAG, TURBO

Skills & drills, learn some new skills. Finish with mini games and team games.

VOLLEYBALL

An introduction to volleyball with new skills and drills

Thursday
8 Oct

NETBALL

Learn some skills and drills for netball and be ready for our team competition

KI O RAHA

Learn the art of a traditional Maori game. A mixture of rugby, netball and touch.

Friday
9 Oct

GYMSPORT

Have some fun tumbling, jumping and balancing with gymnastics

MULTISPORT

Looking for variety, today we are doing anything sports!!

For more information please contact 09 295 0020 or email gymnsport@brucepulmanpark.com

Programme Co-ordinators

Lance Watene Ph 021 286 8288, Eric Sila 021 558 335

Pulman Arena | Gate A | 90 Walters Road, Takanini